



dinicks
kitchen

HEALTH RANGE



GLUTEN-FREE AND VEGAN BREADS



HALF
LOAF
R45



FULL
LOAF
R65

BREAD OPTIONS

PLAIN HEALTH | CRANBERRY
CARROT AND WALNUT | DATE
BANANA AND ALMOND

Our Superior Gluten-free Multiseed Bread Mix delivers all the benefits of seeded breads, packed with flavour, but free from Gluten.

Coeliac UK accredited.

Allergen free. Suitable for Vegetarians and vegans.

GLUTEN FREE FLOUR INGREDIENTS:

Potato Starch, Maize Starch, Sugar, Pumpkin Seeds (5%), Carob Germ Flour, Rice Starch, Sunflower Seeds (4%), Psyllium Husk Powder, Stabilisers (E464, E466), Linseed (2%), Salt, Potato Protein, Burnt Sugar, Emulsifiers: (E471, E472e), Natural Flavouring.

+ ADDED INGREDIENTS (CRANBERRIES, BANANA ETC) + MOLASSES + MIXED SEEDS



KETO SEED LOAF (GLUTEN-FREE, VEGAN & KETO)

INGREDIENTS: Coconut oil, Almond Flour, Coconut Flour, Flaxseeds, Cinnamon, Psyllium Husk, Baking Powder, Salt, Molasses & Water





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R30
200g

HEALTH BARS (GLUTEN-FREE & VEGAN)

PLAIN | CRANBERRY | PEACH | SEEDED
BANANA | BREAKFAST BOOSTER

INGREDIENTS: Gluten-free flour, Coconut oil, Gluten-free oats, Xylitol, Syrup, Cinnamon, Bicarbonate of Soda & Seeds.



R30
200g

GLUTEN-FREE & VEGAN BISCUITS

DARK CHOCOLATE & ALMOND | CHOCOLATE
GINGER | PEANUT BUTTER & OATS



R30
200g

R55
PACK
OF 20

GLUTEN-FREE & VEGAN RUSKS

FLAVOUR: PLAIN | RAISINS | CRANBERRY | CHOC CHIP

INGREDIENTS: Gluten-free flour, Gluten-free Oats, Seed Mix & Vegan Butter.



PLEASE PLACE ORDER IN ADVANCE
WE BAKE ALL PRODUCTS FRESH ON ORDER.

DELIVERIES MONDAY - FRIDAY

TO ORDER: INFO@DINICKSKITCHEN.CO.ZA

